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Gerstein Crisis Centre
24-Hour Mental Health and Substance Use
Crisis Response
(416) 929-5200

UPDATE-April 6, 2020

COVID-19 - New for service users and service providers:

- Increased Wellness checks
- Increased Follow-up calls to people in need of additional supports
- Virtual wellness groups for service users
- Virtual wellness groups for frontline staff
- Virtual crisis intervention and suicide awareness workshops
- Virtual face to face crisis counselling (coming soon)

For referral sources:

People you are working with can access a crisis worker **24-hours** a day at **(416) 929-5200**. To refer someone who needs a wellness check or follow-up call, please call our main number at **(416) 929-0149** and follow the prompts to make a referral.

Our **Substance Use Crisis Team** is also available Monday-Friday 10am-6pm at **(416) 962-0220**. Reminder that support is also available 24 hours through our telephone crisis line.

For up to date information on service changes and to register for our virtual groups, please visit our website at www.gersteincentre.org.

